

Physical Education
3101
Course Outline
2009 - 2010

The Physical Education 3101 curriculum is organized into five Movement themes:

- 1) Fitness Pursuits and Activities
- 2) Individual /Dual Games and Activities
- 3) Innovative Games and Activities
- 4) Alternate Activities and Settings
- 5) Team / Group Games and Activities

Evaluation Outline for Physical Education 3101:

Moving and Doing:	50 - 60%
Understanding and Applying:	20 -25 %
Cooperation and Responsibility:	20 -25 %

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