

Physical Education
2101
Course Outline
2009 - 2010

The Physical Education 2101 curriculum is organized into three Movement Categories; **two activity choice from each movement categories are mandatory:**

- 1) Individual / Partner Games and Activities
- 2) Games / Group Activities
- 3) Alternative Activities

Evaluation Outline for Physical Education 2101:

Participation: 60 - 70 %
Health /Fitness: 20 - 25 %
Written Component: 5 - 15%

Camilla Payne
Gwen Byrne
Menihek High School
Physical Education